## lounge conversations

supported by headspace Armadale, Befriend & City of Armadale





Do you identify as Black, Indigenous or Person of Colour (BIPOC)?

Join us for a FREE EVENT to discuss navigating life between different cultures.

We'll be creating conversations about mental health, wellbeing and feeling connected.

Light refreshments will be provided.

To RSVP, scan the QR code below



- 5:30pm -7:30pm Thursday,
  18th November 2021
- headspace Armadale40 Fourth Road, Armadale6112

https://www.eventbrite.com.au/e/lounge-conversations-tickets-194151360947



